

October 2026

ISSUE: 584
£1 when sold

LODE STAR



NEWS AND VIEWS FROM LODE WITH LONGMEADOW

<https://lode-pc.gov.uk/lode-star-magazine>

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Welcome to the October edition of Lode Star. My first theme this month is: Resilience. The way the greenery around us has recovered from the blistering heat of the summer is simply astonishing. The once charred field east of Northfields has recovered so swiftly, as have the verges and the Fassage. Nature never fails to astound.

I was going to mention the aborted Local Government Reorganisation but note that our local politicians have covered the topic in their reports. So, for now, it is as you were...

Fran Platten continues her narrative surrounding the revival of the Guildhall; and Mike Hatley offers another glimpse into Lode's past via his family memoir.

As always we have updates from the MU and the WI plus the church services schedule.

One controversial subject revolves around the family of six geese currently strutting their stuff on Mill Road and previously Station Road. The local councils have asked Lode Star to include their official advice; and one resident of Mill Road takes a diametrically opposed view. Lode Star invites more comment on this issue, from either side of the argument.

Finally, a mention for my young neighbour, Stephen, who is a talented musician keen to give drumming lessons to budding drummers. Look out for his short introduction to his proposed classes.

Happy reading and writing, Nick

The purpose of LODE STAR is to serve the whole parish by circulating information free to every household in LODE and LONGMEADOW eleven times a year

Opinions expressed in LODE STAR are not necessarily those of the Editors

Please could items for inclusion in the **November 2026** issue of **Lode Star** reach one of these addresses or be emailed to

lodestar.mag@gmail.com

by **15th October:**

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Lode Parish Council News

After the August break we met on 14 September for our Parish Council meeting and a busy meeting it was. We welcomed three visitors and our district and county councillors.

Fassage Hall – the hall can be hired to groups, families, businesses for parties, work meetings etc – please see the website (www.fassagehall.co.uk) or contact the clerk for further details - clerk@lode-pc.gov.uk

Open Forum was busy this month, we heard from parishioners regarding:

- chapel planning application
- speed limit on Lode Road, Bottisham going from 40mph to 20mph
- number of lorries going through the village

Basketball Court – the new markings will be taking place during September and we will be ordering a new pole, hoop and basket which will be installed after the markings have been done. Hopefully this will be near completion by the time you read this report.

County Councillor's Report – Johnny Edge's report included the T5 bus will be including an evening service next year (date unknown at the moment). The 30mph sign from Fen Road into the village which is unreadable will be replaced. Following the government's change of heart regarding the Local Government Reorganisation we will have district and parish council elections in 2027.

Planning Applications – there were three planning applications for us to discuss:

- Conversion of two agricultural barns into two single storey dwellings (planning ref 26/00918/ARN)
- Conversion of Lode Baptist Chapel into a single dwelling (planning ref 26/00885/FUL) – as this application is complex we are suggesting that it goes to the ECDC full planning committee.
- Siting of caravan at 1 Stable Yard, Lode Fen (planning ref 26/00934/CLE)

Tree Audit – this has been done and we will instruct a tree surgeon to remove two dead trees. We are looking into problems with a few others and will decide if any further action is needed.

There is still one tree to be removed in Fairhaven Close and our District Councillor is going to chase this up.

Dog Fouling – this problem seems to be on the increase and we will renew the signs. We are also ordering a new dog bin to replace the one on the Fassage by Rose Cottage.

We would like to remind everyone that dogs **MUST** be kept on a lead in the Cemetery and dogs **ARE NOT** allowed in the playground.

Cemetery – we have to undertake a wobble test of the memorial stones every 5 years and this will be carried out in the near future. This is to make sure that they are all secure. The hedge in the cemetery is also in need of a cut and we are hoping this will be carried out very soon.

Green Spaces – the cycle path from Lode to Quay appears to have been missed in the grass cutting schedule and we are chasing up the contractors to get this done. We will also be getting a contractor to spray the paths at Fassage Green & in the cemetery.

Community Matters:

The applications for Highways Improvement Schemes for 2026/27 are now open and we will be considering whether to apply for a grant.

Geese in Mill Road – this seems to be an ongoing problem and we ask members of the public to please not put out food or water for them. Hopefully they will then go back to where they came from.

Next Meeting – Monday 12 October 2026 at 7.30 p.m. in the Fassage Hall.

It has been a busy summer with councillors also attending other meetings and training – it is certainly never boring but it is a lot for only five of us to attend to. Lode Parish Council is allowed seven councillors. We would love to hear from anyone who thinks they might be interested in joining us.

Lode Parish Council

LODE PARISH COUNCIL

Sarah Barrett	Sarah.Barrett@lode-pc.gov.uk 2 Fairhaven Close, 07309 083067
Rima Page	pagerima@googlemail.com 33 High Street
Fran Platten (Chair)	fran.platten@lode-pc.gov.uk 7 Swaffham Road, 07926 103119
Tessa Shrubbs (Vice Chair)	tessa.shrubbs@lode-pc.gov.uk Lode Farm, Lode Fen, 07947 067244
Ellis Weinberger	ellis.weinberger@lode-pc.gov.uk
Clerk to Lode Parish Council : Sam Chambers-Turner	<u>clerk@lode-pc.gov.uk</u>

East Cambs District Councillors' Report

Two committee meetings were held recently:

Operational Services on 22 June

- Community Safety Partnership report was presented and noted
- Budget report for the previous financial year showed an underspend of £476,084 for the year, but some of this was due to bills not yet paid. The capital spend was also under budget by £5,572,775, but some expenditure was not yet billed.
- Register of Buildings of Local Interest, for buildings or neighbourhoods that were interesting but not meriting a National Grade, was presented and noted.
- Performance Report for the Waste and Street Cleansing Services showed marginal improvement in performance.
- A report on the new waste bin strategy was presented and it showed that the service had been delivered quite well, with a few teething problems.
- The Long Term Empty Homes Strategy was debated, and it was agreed that it should be forwarded to Full Council.

Finance and Assets on 25 June

- The Climate and Nature Monitoring Report was presented and accepted.
- A grant of up to £100,000 from the Community Infrastructure Levy funding was allocated to the Viva Arts and Community Group Theatre in Soham towards the expansion of the theatre to enable larger youth participation and provide enhanced and inclusive welfare and safeguarding spaces to continue to operate with full compliance with the Children in Entertainment Regulations.
- A new fee for Planning was introduced to give some limited time to give guidance on possible applications without the formality of a pre-app or full application.
- Progress on the Mepal Crematorium was presented and noted.
- The Council's Proposed Business Grant Scheme for capital grants to small businesses was approved. Further information is available from:

Business Grant Scheme 2026 to 2027 | East Cambridgeshire District Council

- This Committee has a year-end underspend of £1,331,912 when compared to its approved revenue budget of £7,969,054. Most of this was due to savings on staff salaries because of staff not being replaced immediately.

Food caddies

There have been reports of animals knocking over food caddies, and eating the contents. Please make sure that the food caddy is locked, by turning the handle all the way to the front, when you put it out.

Surgery

There was no surgery in August, and we shall resume surgeries in September. However, you can always contact us by telephone or email:

Cllr Charlotte Cane MP, 07976 607512, charlotte.cane@eastcambs.gov.uk

Cllr John Trapp, 07942 685599, john.trapp@eastcambs.gov.uk

Geese Alert - URGENT!

We have received this advice from ECDC about our local geese:

Feed on the water only please - this will encourage the geese to keep them closer to the water rather than wandering into residential areas.

Avoid direct eye contact or sudden movements around the geese, don't carry food visibly when walking past them, and keep dogs on a lead in the area.



Cambridgeshire County Council Report

What a month it's been.

LOCAL GOVERNMENT REORGANISATION

Our existing county and district councils are set to stay as they are for a while longer at least. Angela Rayner has returned to her old remit in government and put a halt on previous decisions made by her predecessor. We are also not now expecting an outcome for Cambridgeshire and Peterborough in October, and local elections are set to continue next May as they would have done before any of this mess started.

A lot of time and money will have been spent on this to date, so we must hope if they don't pull the plug completely, which is unlikely, government at least get their ducks in a row before messing us all around again.

ADULTS & HEALTH

Residents across Cambridgeshire are being encouraged to have their say on the future of adult social care as part of a national public engagement programme launched by Baroness Louise Casey. Find out more and take part at <https://www.caseycommission.co.uk/bigconversation>

In addition, the council is bringing together unpaid carers, people with lived experience, local organisations and others with an interest in supporting carers to influence the design of future Adult Carers Support Services. This will take place through a series of workshops between now and March 2027.

I would encourage anyone interested in taking part, or wanting more information to contact Commissioning.FPTeam@cambridgeshire.gov.uk

TRANSPORT

The combined authorities Transport committee has recently passed proposed changes to our bus network. For our area it's a story of two halves. To the north of the A14, the popular T4 and T5 services will be improved and the T5 will offer an evening service.

South of Newmarket it is a different tale. All existing services are proposed to be removed, with a 2 hourly service from Newmarket to Haverhill replacing them. There would also be a once-a-day service from Newmarket to Addenbrookes.

For some this will seem like an improvement, but not many of us frequently travel to Haverhill and more importantly villages such as Ashley, Kirtling and Upend are set to completely lose all services. I've contacted the CPCA officers concerned to challenge the current proposals and offered to work with them to try and get a

more frequent service from Newmarket to Cambridge to mirror the successful one north of the A14 and not leave any villages without.

KINGSWAY

The Kingsway solar farm resubmission between Brinkley and Balsham appears to be imminent. They appear to be trying their luck with the changes in cabinet following our new PM. It is understood that their application is almost the same as before, not having consulted with councils or residents, nor providing robust environmental impact assessments, or resolving issues already identified by the Planning Inspectorate.

This is obviously not acceptable, concerns raised need to be addressed and I and others will continue to challenge this and make sure residents' concerns are addressed and not brushed aside.

If you have any queries or need support with a particular issue, do get in touch.

Cllr Jonny Edge, 07974 348141, jonny.edge@cambridgeshire.gov.uk



Fill a bag for a fiver sale

Following the success of Arthur Rank Hospice Charity's first 'Fill a Bag for £5.00' event, they will be hosting another sale. Visit Arthur Rank Hospice (next to the Babraham Road Park & Ride carpark) on Friday 9 October (10am – 2pm) and Saturday 10 October (10am – 2pm). For just £5.00 you can

fill a bag of pre-loved women's, men's and children's clothes! Visit arhc.org.uk/retail-sale for more information.

Charity Christmas Cards

Arthur Rank Hospice Charity's Christmas Card range is on sale again in their shops in Burleigh Street, Mill Road, Regent Street, Cottenham, Ely, Great Shelford, March, Pampisford, the Hospice in Cambridge, the Alan Hudson Centre in Wisbech and online at arhc.org.uk/online-shop. A wide range includes a Cambridge college and Ely Cathedral setting. Your support will help people living with an advancing serious illness and end of life care.

MP Charlotte Cane's Report

Since Parliament returned after the summer recess, I've continued raising a range of local and national issues in Parliament. Two matters that are especially important to our area are the future of local councils in Cambridgeshire and Peterborough, and access to NHS dentistry.

Just days after I spoke in Parliament about the unacceptable uncertainty surrounding local government reorganisation, the Government announced that the process would be paused, once again leaving Cambridgeshire in limbo after years of work by local councils. The whole process has become a farce. Residents deserve clarity about the future of their councils and the local services that affect our daily lives and I will continue to press Ministers to provide the certainty our communities need and to ensure proper local consultation.

During the subsequent Health Bill debate, I stressed the urgent need to fix the NHS dental contract and bring more NHS dentists to Ely and East Cambridgeshire. Our area is a 'dental desert', where finding an NHS dentist can be near-impossible. That is unacceptable - but it does not have to be this way.

At the core of the issue is a broken NHS dental contract that is unfit for purpose and prevents dental practices from taking on more NHS patients. Here in Ely and East Cambridgeshire, a shocking 45% of children and 70% of adults have not seen a dentist within the past two years. Fixing this intolerable situation must be a priority for this Government.

This Government made a commitment to reform the NHS dental contract, yet progress has been limited to piecemeal changes. We urgently need a new contract and decisive action to bring more NHS dentists into our area. I have repeatedly raised this issue with Ministers in Parliament and in correspondence with the Government, but now I want to hear from you too.

Have you struggled to find an NHS dentist, faced long waits, had to travel further afield or been forced to pay for private treatment? If so, I want to hear about your experience.

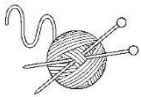
I've launched a constituency-wide survey to build a clear picture of the challenges residents are facing in accessing NHS dentistry. The survey takes just five minutes to complete – and your response will help strengthen my case for urgent Government action. To take part, simply scan the QR code below or find a link to it on my Facebook page - <https://www.facebook.com/charlottecanelibdem>

Access to NHS Dentistry in Ely and East Cambridgeshire



If there is an issue or concern you would like to raise with me, please do get in touch. I am here to listen and to help wherever I can.

Charlotte Cane MP
charlotte.cane.mp@parliament.uk | 020 7362 1601



Anglesey in Stitches



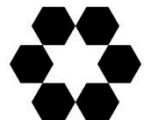
Do you need to find time and space to develop your creativity?
Why not come along to your local crafting group?

We meet in the Black Horse, Swaffham Bulbeck on odd-dated
Tuesdays at 7.30pm.

Just bring a project to work on – knitting, crochet, cross stitch,
patchwork – anything that you can do in a pub! We are a friendly
and informal group with a range of abilities – there is always
someone who can help if you get stuck.



Contact: Clare Wilkes, clarewilkes@proton.me



Village Freecycle

As a reminder, everything is offered for free and nothing is expected in return.

If you have any offers or wants, please contact me by the 14th of each month by phone/text (07980 423210) or e-mail (junthompson44@gmail.com) or drop a note through the letter box (23 Longmeadow).

Please let me know if you would like anything repeating in subsequent issues.

Offers:

1. Contact Garry 07803 002194.



- a. Four-burner gas barbecue with 2 Calor gas bottles. It has wheels, so if you live in the village you could wheel it home.
- b. White Italian side table. Measures app 130cm x 45cm x 70cm high

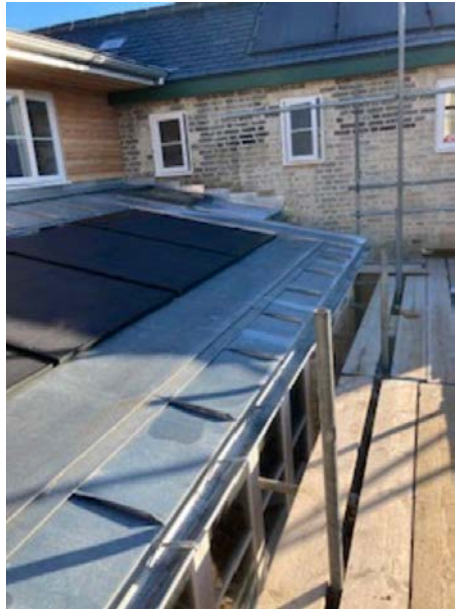


2. Contact Lesley 07814 821016. GARMIN Satnav (Sticks to windscreen. Might need upgrade depending where you are driving. Will clarify)
3. Contact Steve 07917 697259. 125cm x 125cm square foldable metal pen for puppies etc
4. Contact Jacqui 01223 811190. Cordless phone (landline) VOIP compatible (works over internet). With answer phone, caller display and call blocking options (to get rid of cold callers!). BT. Large buttons and display with optional high volume. Needs 2 x AAA rechargeable batteries.
5. Contact Nick 07921941530. Victorian kitchen table - five and half feet long and three feet wide and is pretty solid. Will need a bit of love to bring the surface back up to scratch

Wants: None

Guildhall Newsletter

There has been a lot of work on the building over the summer. The roof is now complete with the solar panels on the inside roofs which face the sun. A lot of work has taken place inside. Rooms have been formed and ceilings constructed, with deep insulation on all external walls and in the roof spaces. There is to be a lot of electrical work which will have been done when this article comes out, together with more doors and the floors being laid in the Guildhall. The shop which faces Mill Road will have the original pavers put back, so that floor will look the same as it did when we first started back in September 2025, though minus net curtains and cobwebs!



The garage will have space for one car and a bike and wheelbarrow at the back. I hope to plant many of the walls with climbing roses and clematis so it will look softer and with places for birds (probably pigeons) to nest! Swift boxes have been built into the new gable wall on the garden side and further nesting boxes will be added to the Guildhall. New fleur de Lys decorative ridge tiles will be installed next month. How long will it take is a knotty question, but hopefully I will be in by the spring. Then there will be a mighty clear out of too much stuff that was packed when I moved house! I can see another Jumble Sale happening in March!

Fran



3rd September:

Julie Sale gave the members present an account of the day trip to Southwold that she and three others had been on; they had a lovely day entailing some retail therapy, visit to Southwold Museum and lunch. Following this they headed for the theatre to see an Alan Ayckbourn play called Show and Tell, unfortunately this was not up to the standard of plays seen in previous years which was a shame as two new members had gone along on this trip, we hope it hasn't put them off going again!

Our speaker for the evening was June Cannie and she told us about her travels of a Cambridge examinations inspector. Having been a teacher for 38 years in schools close by, Bottisham, Cottenham, Netherhall and Sawston, she retired in 2010 (she didn't want to!)

A phone call was to change this for her and for the last 16 years has been an inspector: this job has taken her all over the world and involves checking security (of exam papers), checking the centres timetable, the running of the exam, interviewing the exams officer and principal (if available). Over 2 million students across 160 countries are overseen by this huge organisation.

June went on to tell us about a few of the countries she has had the good fortune to travel to. Her first was Ghana where she was given a very warm welcome, then: Kazakhstan: lots of train travel in this country, huge distances 12-15 hours but rewarded by seeing beautiful schools with pristine exam tables and chairs with no graffiti! Here the exams were filmed but nobody watched them so June had to train the invigilators in the correct procedures when an exam is in session. The teachers' lounges in schools here had fish ponds, massage chairs, laptops, and every day everybody stopped what they were doing at 11.30am and read for 30 minutes.

Indonesia : visited up to 5 cities

Botswana: has been here twice training new inspectors and has many friends there. Here she encountered an awful lot of spiders in her hotel room, attacking them with a GCSE revision book. The room was fumigated the next day. Over 500 students taking exams here, the largest she ever saw.

China: visited 13 cities in 3 weeks traveling on public transport, stayed in 6* hotels

Maldives: many homes here are derelict but the schools are fantastic, having an education is a way out.

June absolutely loves her job and will carry on as long as she can. June was warmly thanked by Maggie Bellatti.

Jean Coxall won the raffle after a hunt for the winning ticket and the competition of a holiday memento was won by Ann Round.

Next Meeting - Wednesday 7 October – Autumn Flowers by Jackie Bye.

Anglesey Abbey



October at Anglesey Abbey

Autumn is one of our favourite seasons at Anglesey Abbey with plenty of colour to see around the gardens; the dazzling dahlias are still in bloom in the Dahlia Border and a carpet of delicate cyclamen lines the woodland path by Lode Mill.

What's on: Winnie-the-Pooh

Step into the enchanting world of the Hundred Acre Wood this autumn at Anglesey Abbey. Join us for Three Cheers for Pooh! - a family-friendly story trail and exhibition celebrating 100 years of the much-loved bear and his friends. Rediscover classic characters and favourite adventures, through extracts from A.A. Milne's classic stories and E.H. Shepard's iconic illustrations.

From Saturday 3 October 2026, enjoy the trail as part of normal admission to Anglesey Abbey. Perfect for children (and grown-ups) of all ages. Created in collaboration with *HarperCollinsPublishers*.

October Half term

Join us for some outdoor ceramic pumpkin painting on the Pinetum this October half term from Monday 26 to Friday 30 October. Under the cover of outdoor tents, each session lasts 45 minutes and children can be accompanied by family members as they get creative; tickets cost £4 per child, and we recommend booking online to avoid disappointment.

On Friday 30 October, there will also be an author event at Anglesey Abbey with Jane Riordan who has authorised the latest Winnie-the-Pooh sequel book.

Did someone say Christmas?

Father Christmas tickets are now live on our website – this year Santa will be making himself at home again in the Lower Gallery inside the Anglesey Abbey house, surrounded by paintings and statues all festively decorated for Christmas. For more details and to book, please visit the Anglesey Abbey website.

Happy Memories Made in Lode

Most of the memories here in this article are from events which occurred in the family home – Riverside. The house situated just passed Fison's Farm (now Sales Farm) from the fen was built in 1939 on a piece of our farmland. I moved in when I was about 10 months old and continued living there until I was about 20. School holidays and all my spare time were still spent on the farm down in the fen and when I was about 14 I used to drive our car, a 1934 Morris 10/4, to the farm often on my own.

At Riverside my father kept chickens for eggs and cockerels for meat. There were around 300 chickens at any one time in a deep litter shed. They used to be raised from day-old chicks which I would help my father collect from Cambridge station where they were delivered in special cardboard boxes. They were then put in small sheds with heating lights until they could be moved into the main buildings. I had the responsible jobs of feeding them and collecting the eggs which would be washed and then put into crates and taken to the egg packing station in Fordham.

We used to keep bees at the house in hives for the honey and the ones that we had were from Italy and had a very nasty sting as opposed to their English counterparts. My brother went to the hives one day and accidentally knocked against one. The bees all came out and as he was close decided to sting him in retaliation. He was allergic to the stings and came up with bumps all over his face, arms, legs and body. It took him several days to get over it.

I was at Lode Fete one year around 1950 and I won a pig. This was taken home to Riverside and a pigsty was built, I looked after it until it was ready to go to Uncle Jack's the butcher in Mill Road where it was turned into joints of meat, bacon and sausages all of which then went into the larder at Riverside. No freezer in those days!

Initially we had a hand pump for water in the kitchen which pumped the water from a twenty-foot-deep borehole in the garden. When the electricity was laid on it then had an electric pump and then also electricity for lighting etc. as opposed to candles and oil lamps. The original toilet was outside the back door and round the side of the house so that going to the loo in the wintertime would mean carrying a candle to light the way which as you can imagine soon blew out resulting in a very dark visit to the toilet.

To get water for the chickens and pigs my father decided to dig a well in the field and this was all dug by hand by my father and brother. They went down some twenty feet, and it was about eight feet in diameter but gave a continuous supply

of water. Incidentally when my father died the house was sold to Sid Chapman who was driving his tractor in the field one day and not knowing the well was there drove the tractor over the well and the back of it dropped into the well. Recovery proved very difficult.

Whilst there I had a pet jackdaw for many years. It lived in its nesting box outside but when it was called it would fly down and sit on my shoulder quite happily chattering away. I also had a collie dog called Bob and still have a photo of myself and Bob sitting on the top of his kennel.

A regular visitor to Riverside was the knife sharpening man who would put his cycle on its stand, connect a drive belt from the wheel to the grinder and sit there pedalling to turn the grindstone to sharpen the knives. Even if there were none to do mum would always make him a cup of tea with a piece of cake.

My history teacher, George Barlow from the grammar school in Cambridge, often would cycle from Cambridge to Riverside and then back via Waterbeach stopping for the cup of tea he knew would be on offer at the house.

To conclude this month's article, a couple of memories from school days. I would walk up the road from the house to the station to catch the steam train to Cambridge. Several mornings I was late and the train would be pulling out of the station, the driver would see me coming and stop the train on the crossing to let me get on. Then coming onto the platform at Cambridge to come home at 20 past 4 in the afternoon the driver would look out of his cab and call me to get up with him in the cab and ride home with him and the fireman.

I hope that these articles have been appreciated and if there is enough interest I will carry on into the village with some more stories. *[Please keep the tales coming Mike. Ed]*

Mike Hatley

BOTTISHAM & BURWELL PHOTOGRAPHIC CLUB

Our club ceased meetings on 5 May for our Summer break when members showed and discussed their most successful images entered during the year. Our Autumn term commenced on 8 September with a Welcome Evening when Cups & Trophies awarded from last season for the internal Print and Projected Digital images were presented.

The Summer recess however has so far been busy as we exhibited our members' work at the Swaffham Feast which took place at Swaffham Prior Village Hall on Saturday 16 May. Prints and Projected Digital Images were displayed for visitors to view and enjoy during the day.

On 7 June we attended a Federation Engagement Day at Duxford Air Museum when 16 clubs took part in the EAF Duxford Challenge Competition. During the day members also enjoyed iconic WW2 exhibits and captured wartime re-enactors such as Aircrew, Pilot, Staff Sergeant, Civilians, WRAF, Nurses and Lindy-Hop dancers.

Our Club Outing this year was on 12 July to Cambridge when members captured photographs to enter 4 digital images on specific subjects taken on the day for The Metcalfe Trophy on 29 September.

Before the close of meetings on 14 April members entered the Hanson Trophy PDI Competition judged by Ben Pike from Biggleswade, viewed a Zoom presentation by Viveca Koh on 'Urban Exploration to Fine Art' and on 28 April took part in the Roger Human Print Trophy judged by Paul Radden from Hunstanton.

In our Autumn term we look forward to a Zoom meeting 'Home & Away' by Peter Ormsby from Glasgow on 15 September and on 22 September our members Debra & Jim Bennett will demonstrate how to master basic Photoshop techniques. We will also enjoy Table Top Photography on 24 November and a 3-way Friendly Cup Print Battle with Melbourn and Ely Photographic Clubs, hosted by ourselves and judged by Jonathan Vaines from Bedford.

On 27 September our Club is pleased to announce that we will be holding an Exhibition of our members' work at Swaffham Prior Village Hall when 160 prints and 200 digital images will be displayed throughout the day. The prints will be judged by Paul Radden from Hunstanton, who will officially open the Exhibition at 11 am, and present awards for various categories. Refreshments will be available all day. The Exhibition will close at 5 pm.

Our meetings are held Tuesdays at Swaffham Prior Village Hall, High Street, Swaffham Prior CB25 0LD, from 7.30 pm to 9.30 pm, except the third Tuesday in each month via Zoom conferencing.

Visitors are always welcome to join our meetings and zoom presentations for a small fee of £4.00.

If you are interested in joining this active club, please contact our Secretary, Debra Bennett, for further information and a copy of our 2026-2027 programme. Email: secretary.bandbpc@gmail.com or visit our website www.bottburpc.org where you will find more detailed information and a gallery showing a selection of our members' work

I look forward to meeting you.

*Daphne Hanson DPAGB HonPAGB
Chairman*

My neighbour, Stephen, has asked Lode Star to promote his new venture! Stephen is a talented musician and a personable young man. If you are interested in the drum as an instrument then please read on...

DRUM LESSONS IN LODE

Affordable, one-to-one drum lessons for young beginners, covering the fundamentals of drumming, working towards rockschool grades and playing along to music.

Suitable for: young beginners / complete beginners

Lessons include: technique, beats, fills, songs, Rockschoo material

Price: £10 / 30minutes

Location: Lode, Northfields

About me: 16-year-old drummer with grade 8 Rockschoo drums + grade 5 music theory

Contact: stephen.rash58@gmail.com 07707 560398
(only texts please)

Parent contact: 07711 080928

An alternative view concerning the Geese expressed after a phone call to the editor:

I live on Mill Road and would like to write a few words about our latest 'residents', a family of six geese, a couple and their four adult offspring. While aware that a number of people do not view them favourably I find them endearing, unaggressive and a great example of family unity. They have visited me on my patio and front garden and caused no inconvenience. I sincerely hope that no adverse action will be taken against them and that they can continue to add colour and diversity to Mill Road.

A Mill Road resident (name supplied)

Red2Green

Halloween Pub Quiz – In collaboration with the Black Horse, Swaffham Bulbeck Join us on Friday 30 October from 7:30pm for a Halloween Pub Quiz at the Black Horse, Swaffham Bulbeck! Prizes to be won and opportunity to enter our raffle. Please book your team's table via email or phone: Blackhorseswaffhambulbeck@gmail.com or [01223 811366](tel:01223811366)

Ways you can get involved:

- Volunteering opportunities – we are looking for Minibus drivers!
- Start a fundraiser in aid of Red2Green
- Visit our Community Garden in Bottisham and buy some plants (Mon-Fri, 9:30-4)
- One-off or monthly donations
- Sign up to our monthly newsletter
- Follow our social media pages and keep up to date with all things Red2Green

Visit red2green.org, email info@red2green.org or call us on **01223 811662**.



BOTTISHAM ADULT LEARNING ASSOCIATION
(BALA)

‘The Context of Ukraine’

presented by historian Andrew Bamford
began on Thursday 24 Sept – 22 October

This 5-week course will explain the contextual background to the conflict raging in Ukraine from the end of the Soviet Union to the present day

- Examining the “historical” claims of President Putin on the Ukraine
- Whether Russia’s actions are one of a re-emerging superpower or the last throes of a despot who has failed to restore Russia’s traditional influence in this area.
- Held in Bottisham Sports and Social Club in Downing Close CB25 9DD

Starting on Thursday 5 November – Thursday 3 December (inclusive)

a 5-week course on Five British Prime Ministers: Gladstone, Disraeli, Lloyd George, Churchill and Attlee
more details on this course in the November magazine

New members always welcome

Any enquiries to Bottishambala@btinternet.com

Helen Cole

Bird Brain

After a sortie into the fen for our Little Egret last month, I'm staying in the area for my next bird. I have previously covered all the common raptors except the one which breeds regularly in Burwell and Wicken Fens, and which provides the most remarkable story of recovery from near-extinction in the UK.

The Marsh Harrier - *Circus aeruginosus* – is a majestic bird of prey, easily recognisable by its long tail and light flight with wings held in a shallow 'V' as it quarters the reed beds and marshes searching for food. It is distinguishable from other harriers by its larger size, heavier build, broader wings and absence of white on the rump. The male is brown above, with chestnut underparts and tri-coloured wings – brown, then grey with black wing tips. The female is larger, stockier than the male, with a more uniform body and wing colour – chocolate brown – and a prominent creamy yellow crown and throat.

When encountering a possible Marsh Harrier, it's worth comparing it with other raptors that you might spot in open land to confirm identification. Remember the Kestrel is small, pointed wings, hovers; Sparrowhawk has rounded wings, flap-flap-flap-glide; Buzzard, large & thick set, rounded wings, soars: Red Kite, large & rakish, forked tail, long wings with elbow. Of course, it's always possible that a surprise Hen Harrier or Montague's Harrier might turn up unexpectedly, but this is unlikely as they are both exceedingly rare and will either show a grey plumage (male) or brown with a striking white rump (female), so confusion isn't really on the cards.

Food comprises rodents, frogs, small or juvenile birds and you will often see a male/female pair hunting together. One of my earliest and most enthralling memories of Marsh Harriers at Minsmere one Spring in the 1970s, was witnessing the male's courtship display, including the 'food pass', which is all part of the ritual. After performing his aerobatics for a minute or two, the male swoops down into the reeds to pick up an unfortunate victim while the female waits above. Then he gains height until she is ready, then drops the prey for her to roll and catch in her talons, thus proving himself to be a reliable provider and further securing their relationship... magnificent!

The UK future of the Marsh Harrier is now more secure than at any time during the last century. However, as recently as 1971, the UK population was down to just one pair (believed to be at Minsmere). A huge conservation effort, led by the RSPB ensued, resulting in the situation today where a total of c. 700 pairs breed in various parts of England, Wales and Scotland. They are particularly strong in East Anglia and, although migratory by nature, many will over-winter in the UK nowadays and, happily, can be seen all year round within a few miles of home.

STOP PRESS

Most of the summer rarities occurred in the more remote parts of the British Isles and I wouldn't expect, for instance, readers to be very interested in a Blue-cheeked Bee Eater in the Orkneys, however exciting it was (and it was!) for committed birders! However, the news that two pairs of Montague's Harriers had raised a total of six chicks (at undisclosed locations) this year is very encouraging for all nature lovers. And an early arrival of a Curlew Sandpiper in September at Beeby's Brick Pits near Peterborough – along with others on the east coast – is indicative of a healthy breeding season for this declining Arctic species.

There was an extraordinary episode in Lowestoft in early September when, in the space of a few days, a juvenile Red-footed Falcon posed for photographs in front of a 'Norfolk Hawker' dragonfly mural at a retail park; and – incredibly – a Corncrake, of all things, was found walking along the High Street! Normally, you would have to travel to the Western Isles in the breeding season to catch the slightest glimpse of this incredibly shy bird! Believe me, this is a 'mega' sighting, and it's ironic that most people in a town High Street on any given day wouldn't have a clue what they were witnessing! Mind you, there's nothing quite like the sight of a Corncrake stretching its neck and delivering a rasping call to his mate among the iris beds in their natural habitat.

A WORD ABOUT DOGS... (balancing the books after discussing cats last month!) With the UK dog population currently growing at three times the rate of the human population, may I just make a plea for anyone taking their dogs to the seaside, to watch out for roped-off areas for breeding birds. I was shocked to read recently that Little Tern numbers at Seaton Carew in Northumberland have fallen by 50% this year and a significant cause is a sharp rise in the number of breaches of dog exclusion zones on the beaches where the terns nest. Tees Valley recorded up to 93 incursions in a single day in May! OK, this is not local news, and it's somewhat out-of-season, but please be aware there are other sites on the Suffolk & Norfolk coasts where similar restrictions may apply.

TTFN, Gerry Daish

*Dancing in the air
moving to an unheard tune
instinctive steps
laid out
under the summer moon.
never to be seen on stage
nor laid upon the page
Ballerina of the sky
above the ground
nothing escapes
your searching eye.*

From "Skydancer" by Andrew Macintyre,
Irish Poet, 1877-1959



BOTTISHAM COMMUNITY LIBRARY

2026 National Year Of Reading

October: As we move into Autumn you might want to consider, as well as all those books in the Library, looking at our other resources. We have a big collection of jigsaws donated by the community and available for however long you need them. One of our volunteers organises these and makes sure they are complete and ready to borrow. Another volunteer runs our monthly Lego club, completely free, from 10.30 to 11.30 on a Saturday morning. Available for all ages. This volunteer also organises and runs our termly Craft Sessions which have been very popular. And a final volunteer runs our Story Time sessions on the same Saturday as the Lego Club. We are very grateful as these activities encourage people into the Library to look at our books.

The Book of the Month for October is Holly Jackson's crime novel for adults, '**Not Quite Dead Yet**' (she normally writes for YA readers – '**A Good Girl's Guide To Murder**' etc.). Before Jet dies from a vicious attack she has to solve her own murder!

And look out for our latest acquisition, Julia Donaldson's '**Gruffalo Granny**' – bound to be popular.

Lego Club and **StoryTime** will be on Saturday 10 October. Duplo is available for younger children.

The date for the **Mobile Library** visit to Lode and Longmeadow is Wednesday October 14.



With our successful 2026 season drawing to a close the museum has one further event. The third and final Classic car, motorcycle and military vehicle show of 2026 will take place on Sunday 4 October, from 10:30 to 16:00. Public entry is £10 for adults - under 16s are free of charge - that also includes entry to the museum. Entry to the event is free for those exhibiting a vehicle, along with one passenger. The museum's resident band 'Cover the Tracks' will be playing in the hangar, and a hot food trailer will be available alongside coffee and cakes from the famous Flying Tractor Café. Please do come along and support the show.

The museum's stand has been present at more events and travelled further afield than ever this year. Kicking off with an appearance at the IWM Duxford 'The Americans' flying day in July, followed by the Cambridge Country Show at Quy park, the airshows at Old Buckenham and Little Gransden, and finally the 1940s weekend Victory Show in Cosby, Leicestershire in September.

At each of these shows the museum team were able to hand out information and talk to the public about the museum and its work, meet friends old and new, and also to sell a selection of Bottisham Airfield Museum related products such as t-shirts, caps, mugs etc., items that are also available from the museum gift shop. This is important for us as the museum receives no outside funding and all proceeds from sales go directly to the upkeep of the museum and the exhibits. Any donations of money, or items related to the story of RAF Bottisham would be greatly appreciated.

The museum is always looking for volunteers to join our team. If you are interested in volunteering in the museum, the café or shop, or helping on our stalls next year, find out more by coming to see us on a Wednesday or Sunday, or get in touch via the museum website Bottishamairfieldmuseum.org.uk

Charles Cook, Museum Volunteer

Lode On-Line Archive at <http://lode.ccan.co.uk>
for historic photos, videos and articles

Highways and Byways

Drought

During the summer, the chalk streams running from the Wilbrahams dried up. All the flow south of Quy Mill through Lode after they dried up was from the Teversham Waste Water Works. After rain last month, volunteers from the Wilbraham River Protection Society took samples downstream of Lode Mill to test for pollution, particularly for phosphates.

Wildfire

The stubble and hedge fire behind Northfields in August followed a bang and a power interruption. This may have been caused by a pigeon perching where the bare take-off connections are close together on the 11kV overhead line post, with bits of feathers igniting and falling. The Fire Hydrants, marked FH in pavements and verges, have been checked for visibility. Some were covered with grass but most have signs near them on concrete posts, walls or lampposts. They are outside or opposite: 33 Quy Road; 3 Swaffham Road; 6, 37, and 60 Lode Road; 18 and 41 Northfields; 17 Millards Lane; 33 High Street; 21 Abbey Lane; 29 Mill Road; 11 and 38 Station Road; 9 and 56 Fairhaven Close; 7, 39, 62 and 92 Longmeadow; and four places along Fen Road.

Crossroads and Speed limits

Even when the end of the 60mph limit coming from Bottisham is moved, it will still only finish 60 yards before the new crossing place installed in April, so great care will still be needed when crossing the road. This 60mph section of Lode Road ought to be reduced to 40mph, as Swaffham Road will be for the Greenway. Despite there being a 30mph limit on three approaches to the 20mph zone in Bottisham it is 40mph on Lode Road. This is odd because on the southern part of Bell Road it is 30mph and there are no houses or street lights there at all. So, the 60mph part should be reduced to 40mph, and the 40mph part to 30mph. This could be initiated by the parish council under the Local Highways Improvement scheme.

Property

Here, there have been properties on two unadopted or unregistered lanes, with public footpaths over them, where their ownership, upkeep and vehicle access rights seem not to have been sorted out before purchase. The planning application now for Lode Chapel shows parking spaces accessed via a gap to be made in the graveyard wall by Chapel Lane. The applicant does not declare that they own or share the part between the houses either side on The High Street, or

if the Chapel was once granted motor vehicle access rights over it by their owners. It has only had a pedestrian gate, as does one of the houses, and the other has had vehicle access for more than twenty years without dispute. However, there are two tall brick pillars on the south side of the graveyard, probably once for a wide gated entrance, but now fenced, accessible via the track near the bus shelter.

Connectivity

The East West Railway now exists between Oxford and Bedford, and passenger or freight trains now run on all parts of it. The section from there to Harston is yet to be built. There are proposals to build an entrance on the eastern side of Cambridge Station and to re-double part of the line towards Newmarket, singled in the 1980s, with a new Cambridge East Station south of Sainsbury's. A train care centre for cleaning and light maintenance is proposed east of Cherry Hinton. The existing Park-and-Ride will be relocated this side of Airport Way. This really needs two approach lanes from the Quay Roundabout, like there are to the current one. A light rail line could connect it to the new station, running via the Airport Development and could continue under ground to the City and beyond.

Robert Stevens 01223 811643

Lode Star Deliverer Needed.

Belinda Schofield has very kindly been delivering the Magazines to the houses in Lode Fen. There are approximately 33 houses and the area starts with Anglesey Farm.

Sadly she is leaving the village and will not be able to continue as from 31 October.

I am looking for someone to take over that area. I would show anyone who is interested the exact houses.

*Many thanks
Lesley
07814 821016*

Bottisham Medical Practice Patients Group

Practice Update:

Staffing: In August our new trainees, Khadija, Mike and Syed joined us, please join me in welcoming them to the Practice. Our Practice Manager, Victoria Hodges, will be leaving us for pastures new in September and we wish her all the best for her future career. We are delighted to announce that Jo Graham, our previous operations manager, will be taking over as Practice Manager. She has been at the practice for over 3 years and knows us all so we expect a smooth transition during this period of change.

Flu and Covid Vaccinations: Many thanks to those of you who have booked your flu and Covid vaccinations. We still have appointments available for Covid vaccinations on the 3rd and 10th October so please feel free to contact the Practice if you would like this vaccination. We also have weekday appointments available if these are more convenient.

Abtrace: We have started to use a new recall tool. We will be using text messages relating to blood tests and appointments that may be due. If you are unsure of a message and worry that it may be malicious, please do not hesitate to contact the Practice and check with us rather than ignoring it.

Accessing the Practice: Between 1st July and 28th August we had 2,939 requests submitted by patients, 84% via our website. This equates to 504 requests per 1000 patients, when comparing this with a national average of 257 and regional average of 313 requests per 1000 patients, it reflects the service we are providing. Our patient workload is close to double the national average!

When contacting the Practice I ask you to be kind to our Reception team, given the data above they are dealing with a significantly higher than average request rate so there may, on occasion, be a delay in answering the phone or coming to the front desk.

Please be assured we have reviewed the data and amended rotas to reflect the expected busy times, but it can still be challenging.

One of our biggest pressures is contacting patients who have submitted requests. Reception and doctors waste hours each week from patients not answering the phone. Please expect to be called on the morning or afternoon that the request was submitted to arrange an appointment either that day or at a later date. Reception staff are not able to book appointments without the request first going via the triage GP.

Practice closure dates for 2026: we are closed for training on the afternoons of:
Thursday 15 October
Tuesday 17 November
Wednesday 20 January

PPG meeting: Thursday October 8: 6.30pm at the surgery, with a talk from one of the doctors on colds, flu and viral symptoms and how to know if you are seriously ill and when to seek help. There will be an opportunity for questions on this topic.

Bottisham Medical Practice Patients Participation Group

Anglesey Group Mothers' Union Branch



20th August

The Rev'd Paula Spalding joined us at our meeting in August; as it is 150 years since the MU started, Paula talked about the need to consider both challenges that have been faced in the past, and the challenges to come. Current challenges include taking an active part in our communities and the diocese and being prepared to share our stories and the responsibilities we have.

Paula suggested the use of a labyrinth to help focus our thoughts; a maze has many ways, allowing for confusion and dead ends, however a labyrinth has one way in and one way out, which can symbolise life with a path allowing for sequential growth and improvement. Members had a go at using a drawing of a labyrinth in this way for peaceful contemplation. Ely Cathedral has a labyrinth set in the floor- something to look out for next time you visit Ely.

This very thoughtful session ended with tea and biscuits as usual.

Our next meeting is on 15 October when we will welcome a speaker on 'Hearing and Tinnitus explained'. We meet at the Fassage Hall in Lode at 2.30pm, please contact me if you would like to join us, all are welcome.

Alison Martin (01223 88285)

St James Church, Lode with Longmeadow

Vicar: Rev'd Canon Max Osborne, C. 481187 max9@btinternet.com

Churchwarden: Julie Sale, C. 811222 juliesale0@gmail.com,

lode@angleseygroupparishes.co.uk



Services in The Anglesey Group of Parishes

Holy Trinity Bottisham, St Mary's Quay, St James' Lode, St Mary's Swaffham Bulbeck
and St Mary's Swaffham Prior

Thursday 1 October

11am Harvest Festival & Lunch, Lode

Sunday 4 October – Eighteenth Sunday after Trinity

9am Online service on Zoom

10.30am Holy Communion, Bottisham

Wednesday 7 October

8pm CbyC, a contemplative service, online on Zoom

Sunday 11 October – Nineteenth Sunday after Trinity

9am Online service on Zoom

Holy Communion, Quay

10.30am Harvest Festival, Swaffham Prior

Sunday 18 October – Twentieth Sunday after Trinity

9am Online service on Zoom

10.30am Holy Communion, Swaffham Bulbeck

Harvest Festival, Bottisham

3pm Harvest Festival, Quay

Sunday 25 October – Last Sunday after Trinity/Bible Sunday

9am Online service on Zoom

Holy Communion BCP, Swaffham Bulbeck

10.30am Holy Communion, Swaffham Prior

Each Thursday

10.30am Holy Communion, Lode

Local Calendar 2026

Month	Date	Event	Related article
Oct	Wednes days	Lode Village Coffee Morning, St James' Church, 10.30am - 12 Noon	24
	Fridays	Peaceful and prayerful art group, St James' Church, 1.30pm - 3.30pm (first three Fridays of the month)	20
	Thur 1	Harvest Festival and lunch, St James' Church, 11am	
	Sat 3	Mariajo Ilustrajo at Bottisham Library, 10am	
	Wed 7	Lode WI, Fassage Hall, 7.30pm	14
	Thur 8	Patient Participation Group, Bottisham Medical Practice, 6.30pm	28
	Sat 10	Lego club & storytime, Bottisham Library, 10.30am	24
	Mon 12	Lode Parish Council, Fassage Hall, 7.30pm	4
	Tues 13	Anglesey in Stitches, Black Horse, Swaffham Bulbeck, 7.30pm	11
	Wed 14	Mobile Library, 2.10pm Longmeadow, 2.40pm Northfields, 3.20pm Lode PO	24
	Thur 15	Mothers' Union, Fassage Hall, 2.30pm	29
	Tues 27	Anglesey in Stitches, Black Horse, Swaffham Bulbeck, 7.30pm	11
Nov			



Bin Collections

☐ Box - Food caddy & Blue bin only

☐ No Box - Food, Green/Brown & Black bins

SEPTEMBER

2 ☐ 8 ☐ 15 ☐ 22 ☐ 29

Tues Tues Tues Tues Tues

Bus Times

T4

Lode x-roads	07 10	0800	0921*	1020	1121*	1220	1321*
Addenbrookes	07 47	0837	0959	1057	1159	1257	1359
Lode x-roads	1420	1521*	1620	1721*	1820	1920	
Addenbrookes	1457	1559	1657	1759	1857	1957	
Addenbrookes	0625	0750	0850	0959	1059	1159	1259
Lode x-roads	0707	0832	0931*	1041	1140*	1241	1340*
Addenbrookes	1359	1459	1605	1705	1805		
Lode x-roads	1441	1540*	1647	1746*	1847		

*also serves Lode church

T5

Lode x-roads	07 20	0820	0935	1035	1135	1235	
Drummer St	07 42	0842	0957	1057	1157	1257	
Lode x-roads	1335	1435	1535	1635	1740	1850	
Drummer St	1357	1457	1557	1657	1802	1912	
Drummer St	0635	0800	0900	1000	1100	1200	
Lode x-roads	0701	0826	0926	1026	1126	1226	
Drummer St	1300	1400	1500	1605	1715	1815	
Lode x-roads	1326	1426	1526	1631	1741	1841	

Bottisham Medical Practice (Mon - Fri 8.30 - 18:00) When Surgery closed for medical help please ring	01223 810030 1111
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Fassage Hall - Bookings	fassage.lemonbookings.com
Cambridgeshire County Council	0345 045 5200
East Cambridgeshire District Council	01353 665555
Bottisham Village College Adult Learning	01223 811372
Bottisham Community Library	01223 812354
Mobile Library Service - Renewals/Enquiries	0345 045 5525. cambridgeshire.gov.uk/library
Dial-a-Ride	http://cambridgedialaride.org.uk membersupport@cambridgedialaride.org.uk
Mobile Library Service - Renewals/Enquiries	0345 045 5525

Cambridgeshire Police - Emergency - Non Emergency	999 101
Gas Emergency	0800 111999
Anglian Water Emergency	08457 145145
Electricity Emergency	0800 783 8838
Environment Agency River Incident Hotline	0800 80 70 60
Samaritans Helpline	116 123 (free)
The Silver Line helpline for older people	0800 4 70 80 90
Age UK (Cambridgeshire and Peterborough)	0200 666 9860
ChildLine	0800 1111
Crimestoppers	0800 555 111
Nationwide Rail Times	03457 48 49 50

....WHAT ADVERTISEMENTS ARE WHERE....

ACCOMMODATION & PROPERTY

Eden Vale Holiday Cottage.....	B
Hilary's Cottage.....	B
Meadow House B&B	B

DESIGN, BUILDING & MAINTENANCE

Alpine Handyman & Gardening.....	F
AMS Building & Landscaping.....	H
JL Wight, Chimney Sweep.....	D
Mead Construction.....	C
Merlin Developments (Cambridge).....	Q
NCS Chimney Sweep & Plumbing.....	E
Pest Control Services.....	Q
TAWBUILD.....	M
Christopher the Locksmith.....	K
R Bristley Brush Electric Sweep.....	R

SPORT & FITNESS

Tai Chi Chuan Classes.....	D
Mili's Pilates Courses.....	S

DRIVING, GARAGE & ENGINEERING

N&G Marsh, Engineers.....	Q
---------------------------	---

FLOORING/UPHOLSTERY/INTERIORS

Peter Fisher Carpets.....	G
Rothwell's Carpet Cleaning.....	G
The Upholstery Barn.....	G
Tina's.....	O
RM Walsh Flooring.....	O

PERSONAL SERVICES

Angli EAR hearing.....	J
FootWorks.....	P

MILL Blossom Flowers.....L

Morgan's Hairdressers.....	D
Sam's Mobile Hairdressing.....	F
Stepwise Footcare.....	P

GARDEN, DESIGN & MAINTENANCE

Eastern Tree Surgery.....	C
CW Kirk Lawnmowers.....	B
Four Seasons Tree Services.....	R
TH Tree Surgery.....	M
Mill Blossom Flowers.....	L
Pest Control Services.....	Q
SBS Surfacing.....	V
Lloyds Gardens.....	S

PLUMBING & HEATING SERVICES

Harrison's of Burwell Ltd.....	F
Huttie Group.....	H
NCS Chimney Sweep & Plumbing.....	E
SG Law Plumbing and Heating.....	L
Saniclean Drain and Plumbing.....	R

FUNERAL SERVICES.

Peasgood & Skeates Funeral Services.....	F
Southgate of Newmarket.....	E

MONEY MATTERS

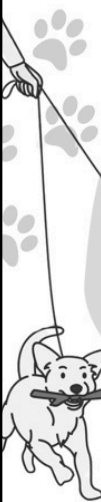
M&L Healthcare Solutions.....	N
Tim Phillips & Co Accountants.....	P

WORKING WITH WOOD

Anthony Martin, Carpentry Services.....	I
Nigel Taylor Carpentry/Joinery.....	I

OTHER SERVICES

Burwell Print Centre.....	O
Happy Tails Dog Walking.....	A
FASSAGE HALL for hire.....	T
Pattaya Kitchen	K
Waterland at Willow Farm.....	I
Cambridge Ironing Co.....	T



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Soham Scout Hut
1.15pm - 2.15pm, £5
Burwell Day Centre,
5pm - 6pm, £7

Wednesdays

Burwell Sports
Centre, £4
10am - 11am
Improvers
11am - 12pm
Beginners
Reach Village Hall,
12.30pm - 1.30pm,
£7

Thursdays

Paradise Centre
Ely,
10am - 11am, £5

Fridays

Online only,
10am - 11.45am
T'ai Chi Fitness,
£10

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fara@move2health.co.uk
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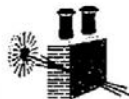
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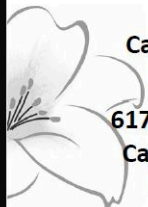
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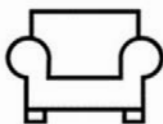
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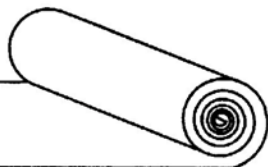
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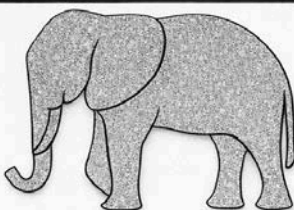
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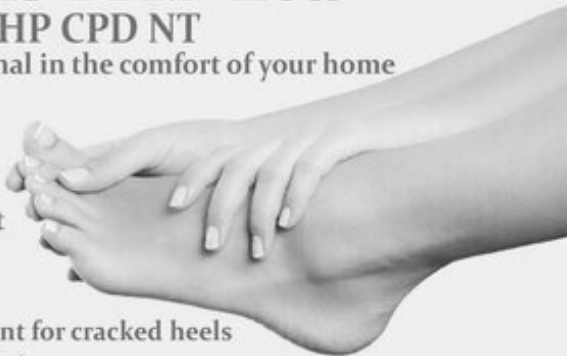
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